

CERTIFICATE OF PARTICIPATION

This is to certify that

Nkhwashu Adolf

Has successfully participated & completed the

42km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 03:50:05

PACE 05:27/km

OVERALL 90 of 440

GENDER 80 of 351

40+ 20 of 119

16 February 2019, Sat

Date



BoutTime

Signature

